AMERICAN BALLET ACADEMY WEEKLY SCHEDULE 2023 - 2024

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY
9:00a	CM	Ms Carolyn Pvts									9 Creative Movement	PreBallet	
9:15a	PB	Mr Mark Pvts									9:00 - 9:45	9:00 - 10:00	
9:30a	Level 1	Ms Marina Pvts			Creative Movement						Ms Carolyn		
9:45a	Level 2	Ms Meaghan Pvts			9:30 - 10:15						Level 1	Ms Brittany	
10:00a	Level 3	Ms Zoe Pvts			Ms Carolyn						10 9:45 - 11:00	Kids Yoga I	
10:15a	Level 4	Ms Katie Pvts										Ages 7 - 9	
10:30a	Level 5	Ms Tovah Pvts			Adult PBT							10:00 - 11:00	
10:45a	PPA/RECA	Ms Brittany Pvts			10:30 - 11:00						Ms Carolyn	Ms Meaghan	
11:00a	PPB/RECB				Adult						11 Rehearsal	Kids Yoga II	
11:15a	ADULT				Beginner						11:00 - 12:30	Ages 10 - 14	
11:30a					11a - 12p						Angels, Mice, &	11:00 - 12:00	
11:45a					Ms Carolyn						Soldiers	Ms Meaghan	
2:00											12	LUNCH	
2:15													
2:30											Rehearsal		
2:45											12:30 - 5:00p		
3:00											1		
3:15													
3:30	PPB/REC B												
3:45	PBT												
4:00	3:30 - 4:30	LEVEL 2	PPA/REC A + 5		LEVEL 5 + 4	PPB+A/REC B+A	PPA/REC A	LEVEL 5			2		CLOSED
4:15	CD	PBT &	PBT		Character	Jazz	Technique	Technique	LEVEL 3	LEVEL 4			Except
4:30	PPB/REC B	Technique	4:00 - 4:45 CD		4:00 - 5:00	4:00 - 5:00	4:00 - 5:45	4:00 - 5:30	Character	PBT			for
4:45	Technique	4:00 - 5:30	PPA/REC A	LEVEL 5	MVW	ZH			4:15 - 5:00 MVW	4:15 - 5:00 KKS			Privates/
5:00	4:30 - 6:00		Technique	Technique	PPA+B/REC A+B	LEVEL 4 + 5			LEVEL 3	LEVEL 4	3		Choreo
5:15		TBM	4:45 - 6:30	4:45 - 6:15	Character	Jazz		CD	5:00 - 6:00	Technique			
5:30		LEVEL 3			5:00 - 6:00	5:00 - 6:00	MH	LEVEL 5	Technique	5:00 - 6:30			
5:45	CD	PBT & Technique			MVW	ZH	PPB/REC B	Contemporary	CD				
6:00	PPB/REC B	5:30 - 7:00		MH	PPB/REC B	LEVEL 4	Technique	5:30 - 6:30	LEVEL 3		4		
6:15	Contemporary		CD	LEVEL 5	Technique	Technique	5:45 - 7:30	KKS	Jazz	KKS			
6:30	6:00 - 7:00		PPA/REC A	Pre-Pointe	6:00 - 7:30	6:00 - 7:30		PPA/REC A	6:00 - 6:45 ZH	LEVEL 4			
6:45	KKS	TBM	Pointe	6:15 - 7:00 MH				Pointe		Contemporary			
7:00	PPB/REC B	LEVEL 3	6:30 - 7:15 CD					6:30 - 7:15 KKS		6:30 - 7:30	5		
7:15	Pointe	Contemporary	PPA/REC A	Adult	MVW	CD	MH	PPA/REC A		KKS			
7:30	7:00 - 7:45 CD	7:00 - 7:45 KKS	Modern	PBT	PPB/REC B		PPB/REC B	Contemporary					
7:45			7:15 - 8:15	Adult	Pointe		Modern	7:15 - 8:15					
8:00			TBM	Intermediate	7:30 - 8:15 MVW		7:30 - 8:30	KKS					
8:15				7:15 - 8:45			TBM						
8:30				CD									
8:45													
9:00													
9:15													
9:30													
	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	