

AMERICAN BALLET ACADEMY WEEKLY SCHEDULE 2023 - 2024

By Class Level



Creative Movement	Wednesday	9:30 - 10:15a		\$75/month	
	Saturday	9:00 - 9:45a		\$75/month	
Pre-Ballet	Saturday	9:00 - 10:00a		\$80/month	
	Saturday	11:00a - 12:30p	Angel/Mice/Soldiers/Rehearsal	(when called)	
Level 1	Saturday	9:45 - 11:00a	Technique	\$90/month	
	Saturday	11:00a - 12:30p	Angel/Mice/Soldiers/Rehearsal	(when called)	
Level 2	Monday	4:00 - 5:30p	Technique + PBT	\$105/month	
	Saturday	11:00a - 12:30p	Angel/Mice/Soldiers/Rehearsal	(when called)	
Level 3	Monday	5:30 - 7:00p	Technique + PBT	\$224/month	
		7:00 - 7:45p	Contemporary		Up to: 11.75hrs/week
	Friday	4:15 - 5:00p	Character		
		5:00 - 6:00p	Technique		
	Saturday	6:00 - 6:45p	Jazz		
		10:00 - 11:00a	Yoga I		
		11:00a - 12:30p	Angel/Mice/Soldiers/Rehearsal	(when called)	
Level 4	Wednesday	4:00 - 5:00p	Character with Level 5	\$280/month	
		5:00 - 6:00p	JAZZ with Level 5		up to 12.25 hrs/week
		6:00 - 7:30p	Technique		
	Friday	4:15 - 5:00p	PBT		
		5:00 - 6:30p	Technique		
		6:30 - 7:30p	Contemporary		
	Saturday	10:00 - 11:00a	Yoga I		
		11:00a - 12:30p	Angel/Mice/Soldiers/Rehearsal		(when called)
		12:30 - 5:00p	Rehearsal		(when called)
Level 5	Tuesday	4:00 - 4:45p	PBT with Level A	\$312/month	
		4:45 - 6:15p	Technique		up to 14.5 hrs/week
		6:15 - 7:00p	Pre-Pointe		
	Wednesday	4:00 - 5:00p	Character with Level 4		
		5:00 - 6:00p	JAZZ with Level 4		
	Thursday	4:00 - 5:30p	Technique		
		5:30 - 6:30p	Contemporary		
	Saturday	11:00 - 12:00p	Yoga II		
		12:30 - 5:00p	Rehearsal		(when called)

Pre-Professional A/ Recreational A	Tuesday	4:00 - 4:45p	PBT with Level 5	\$393/month up to 15.25 hrs/week
		4:45 - 6:30p	Technique	
		6:30 - 7:15p	Pointe	
		7:15 - 8:15p	Modern	
	Wednesday	4:00 - 5:00p	Jazz with B	
		5:00 - 6:00p	Character with B	
	Thursday	4:00 - 5:45p	Technique	
		6:30 - 7:15p	Pointe	
		7:15 - 8:15p	Contemporary	
	Saturday	11:00 - 12:00p	Yoga II	(when called)
		12:30 - 5:00p	Rehearsal	

Pre-Professional B/ Recreational B	Monday	3:30 - 4:30p	PBT	\$445/month up to 16.5 hrs/week
		4:30 - 6:00p	Technique	
		6:00 - 7:00p	Contemporary	
		7:00 - 7:45p	Pointe	
	Wednesday	4:00 - 5:00p	Jazz with A	
		5:00 - 6:00p	Character with A	
		6:00 - 7:30p	Technique	
		7:30 - 8:15p	Pointe	
	Thursday	5:45 - 7:30p	Technique	
		7:30 - 8:30p	Modern	
	Saturday	11:00a - 12:00p	Yoga III	(when called)
		1:00 - 5:00p	Rehearsal	

Adult Classes	Tuesday	7:15 - 7:45p	PBT	\$80/month
		7:45 - 8:45p	Adult: Intermediate	
	Wednesday	10:30 - 11:00a	PBT	\$80/month
		11:00 - 12:00a	Adult: Beginner	
	Saturday	12:30 - 5:00p	Nutcracker Rehearsal	(when called)

Adult Classes are available as drop-ins. Adult students must register for Drop-in Classes. Drop-in Classes will be \$25/90 minutes.

PRIVATE LESSONS

BY APPOINTMENT ONLY; Please email Ms Meg at abacranston@gmail.com

All Competitive Students must have a 45 minute Private Lesson each week with Ms Carolyn.

Private Lessons with additional teachers may be required depending on requested choreography.